



**England**

# **NHS Youth Forum**

**Application Information Pack**

Applications close:  
Sunday 14th August at 23:45



# The British Youth Council

The British Youth Council is the National Youth Council of the UK. As a youth-led charity, we empower young people aged 25 and under to influence and inform the decisions that affect their lives. We support young people to get involved in their communities and democracy locally, nationally and internationally, making a difference as volunteers, campaigners, decision-makers and leaders.

[Find out more about the British Youth Council](#)



# England

NHS England leads the National Health Service (NHS) in England. They promote high quality health and care for all, and support NHS organisations to work in partnership to deliver better outcomes for our patients and communities.

Children and young people represent a third of our country and their wellbeing will determine our future. The NHS aims to give everyone the strongest start in life and in 2019, following publication of the Long Term Plan, a Children and Young People's Transformation Programme was set up to help achieve this. The Programme team are committed to working with children and young people to improve services and help deliver the best care. By partnering with the British Youth Council, the Youth Forum is one-way young people can provide feedback and ideas on key policy areas and influence the direction of the organisation. The Forum will have a diverse representation of young people in terms of lived experience and look to ensure there is regional and local representation within the group.

[Find out more about NHS England](#)

# The NHS Youth Forum



The NHS Youth Forum is made up of 25 young people from all over the country, who have a passion for improving health services. Since 2014 the British Youth Council have worked in partnership with NHS England to support the forum.

By bringing young people together to share their perspectives and experience, and those of their peers, we can identify and address key areas for healthcare improvements.

The core aims of the Forum are:

- **Support** health professionals by providing advice about national programmes of work in NHS England
- **Challenge** existing policy and suggest improvements to health services for young people
- **Encourage** other young people to get actively involved in their own healthcare

[Find out more about the NHS Youth Forum, as well as all our past projects and resources](#)

# About the programme

Facilitated by the British Youth Council, The NHS Youth Forum works to improve health and social care services for young people across the country and directly impacts decisions across NHS England.

**Starting in September 2022, the cycle will last 7 months, coming to a close in March 2023.**

Members of the forum will work directly with the Youth Engagement Team at the British Youth Council and stakeholders in the NHS, to identify the main issues affecting young people today. As part of your role, you will build skills in researching, consulting and gathering data to feedback. There will also be a range of opportunities offered to you to influence decisions in the NHS, the British Youth Council and other areas of healthcare!

We will provide you with the relevant skills required to help you develop as a young leader and support you in each step of the process.



# Your role on the programme

## Key responsibilities

As a NHS Youth Forum member, your role is to advocate for young people on issues they face around healthcare. In your term, you will be working in sub groups on youth-led projects, which will enable you to research, consult with others and make recommendations to NHS policy leads on issues that you are passionate about.

There will also be opportunities to get involved with other one-off consultations but these will be voluntary and may depend on individual interest and availability.

You will also be an ambassador for NHS England and the British Youth Council and will be supported to publish at least 1 blog or vlog for the NHS Youth Forum social media channels.

## The things you'll need:

1. The ability or willingness to work as part of a team.
2. The ability or willingness to speak on behalf of other young people and represent their view.
3. The ability or willingness to stay motivated and connected to the forum remotely.
4. Passion about representing the voice of young people
5. Enthusiasm for creating positive change in the NHS.

**You will need to be between 16 and 25 on 1st September 2022 to take part**



## Our commitment to you

We will provide you with:

1. Accessible and inclusive spaces to ensure all young people can take part in our programmes, events and workshops.
2. Support to complete an individual skills assessment, so that we can identify what skills you need to support your work.
3. A safe and confidential space for you to share your experiences.
4. The opportunity to receive an ASDAN Youth Voice Award qualification to reflect on your work as a young leader.
5. Regular updates with opportunities you can get involved with.
6. Support from staff at the British Youth Council throughout your time on the programme.

## Your commitment to the programme

1. Up to 12 hours a month to support the development of ongoing projects.
2. Engage with and attend 3 in-person events as well as the monthly check-in meetings online.
3. Participate in external opportunities such as events, webinars and workshops as and when you can.

If you require additional support to carry out this role speak to the Youth Engagement Team at [youthengagement@byc.org.uk](mailto:youthengagement@byc.org.uk).

If appointed, you will be offered a 1:1 meeting to get to know the Programme Coordinator and have the opportunity to discuss any support needs, concerns and hopes for your participation.

# Key Dates to commit to

## **Induction session 1 (virtual)**

Introduction to the British Youth Council and the NHS Youth Forum

10th September 2022, 10am - 2pm

## **Induction session 2 (virtual)**

Introduction to the British Youth Council and the NHS Youth Forum

24th September 2022, 10am - 2pm

## **Youth Forum Residential 1**

In person meeting and overnight stay with whole youth forum. Location tbc

15th - 16th October 2022

## **Youth Forum Residential 2**

In person meeting and overnight stay with whole youth forum. Location tbc

21st - 22nd January 2023

## **NHS Youth Voice Summit**

1 day event bringing together young people shaping healthcare across England

February/March - date tbc

## **Monthly Check-Ins**

Whole Forum check-ins (1.5 hours) and monthly sub-group check-ins (approximately 30 minutes).

Tuesday evenings (after 5pm) from October 2022 to March 2023



# How to apply

Get involved, [Apply Now](#)

## To be able to apply, you need to be:

- Aged between 16 and 25 on or before the 1st September 2022.
- Living in England, or receiving care from an NHS service in England.
- Able to attend majority of meeting dates.

## To apply we'll ask you to provide three things via the link above:

1. A short piece of writing, video or audio note about why you want to join the programme.
2. Answers to few questions about you and who you are.
3. Some information on how we will keep the data you share with us safe.



# The Process

1

Application closes

**11:45pm Sunday 12th August**

2

We invite you to interview or let you know you've been unsuccessful

**By 19th August**

3

We hold interviews (virtual)

**w/c 22nd August 2022**

4

We let you know if you have a place on the programme or not

**By 31st August**

5

Induction sessions start

**10th and 24th September**

# Equal Opportunities



The NHS and the British Youth Council is committed to the implementation of Equal Opportunities throughout its work.

Therefore, we actively welcome applications from those who identify as LGBTQAI+, BiPoC or BAME, as well as those who have a faith, live with a disability, have experience of the care system or have parenting or caring responsibilities.



# Questions?

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If you have any queries or would like more info please contact the Youth Engagement Team at the British Youth Council  
[youthengagement@byc.org.uk](mailto:youthengagement@byc.org.uk)

Thank you for your interest in being part of the programme.

We can't wait to hear from you!

