



National Day of Action Meeting Briefing: Preparing to meet your MP

Meeting Aim: To promote the UK Youth Parliament's National Campaign

Meeting Objectives (what you need to have done by the end of your meeting):

- 1) Take a picture with your MP
- 2) Ask them for a quote endorsing the Campaign
- 3) Ask MP to support the campaign by raising its awareness in the House of Commons
- 4) Inform your MP about a campaign event that will take place in a school in the constituency and that the next MYP will be in touch with more details.

Useful tips:

- **Take your passion with you but also make sure you read the campaign brief on why this campaign is important. You can never be over prepared.**
- Take a note pad with you so you can note down any important points but also to remind yourself of any key points.
- Make sure you introduce yourself and mention what you are there to discuss.
- Listen with intent – allow your MP to respond to your points/questions.
- Take your time! Take your time to make your points and respond to any questions.
- Do not doubt yourself – remember '*Never doubt that a **small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has***'. There are other young people across the UK doing the same thing you are, you are not alone!
- As the meeting is coming to a close, briefly run through what you have discussed and what steps you are going to take to move forward.
- Be sure to take the time to thank your MP for agreeing to meet.

After the meeting:

- Send an email/letter to your MP, again thanking them for their time and reminding them that the next MYP will keep them updated on the campaign event/assembly.
- Email ukyppg@byc.org.uk your picture with your MP and their quote.